



Prescription Drug Core Group Meeting

April 26, 2016

1:00 p.m.

Governor's Office of Youth Faith and Family – Conference Room B

1700 West Washington Street, Suite 230, PHOENIX, ARIZONA 85007

A general meeting of the Prescription Drug Core Group was convened on April 26, 2016 at the Governor's Office of Youth Faith and Family, Conference Room B, 1700 West Washington Street, Suite 230 Phoenix, Arizona 85007.

Members Present (11)

Sheila Sjolander, Chairman, Arizona Department of Health Services

Deborah Miller, Co-Chair, Governor's Office of Youth, Faith and Family

Duce Minor, PACCE

Dean Wright, Arizona Board of Pharmacy

Chief Thomas Kelly, Apache Junction Police Department

Travis Williams, Arizona Attorney General's Office

Jacqueline Kurth, Industrial Commission of Arizona

Lauren Prole, Arizona Health Cost Care Containment System

Shelly Mowery, High Intensity Drug Trafficking Area (via phone)

Tomi St. Mars, Arizona Department of Health Services

Carlena Orosco, Arizona Criminal Justice Commission (via phone)

Staff/Guests Present (7)

Sam Burba, Governor's Office of Youth, Faith and Family

Debbie Moak, Governor's Office of Youth, Faith and Family

April Miles, Governor's Office of Youth, Faith and Family

Tracy Cruickshank, Maricopa County Department of Health Service

Alexandra O'Hannon, Governor's Office of Youth, Faith and Family

James Schwegel, Arizona Attorney General's Office

Mark McClain, Arizona Attorney General's Office

Members Absent (2)

Danielle Dandreaux, Arizona Department of Health Services

Jenna Jones, Arizona Board of Osteopathic Examiners

Call to Order

- **Sheila Sjolander, Co-Chairman**, called the Prescription Drug Core Group meeting to order at 1:05 p.m. with 11 members and 7 staff and guests present.

Welcome/Introductions

- **Sheila Sjolander, Co-Chairman** welcomed everyone and asked them to introduce themselves.

Approval of Minutes

- Minutes for the meeting held March 16, 2016 were reviewed. Tomi St. Mars made a motion to approve the minutes with corrections provided by members. The motion was seconded by Duce Minor and approved by all.

Approval of Guidelines for Creating and Updating New Materials

- **Sheila Sjolander**, Assistant Director, ADHS, asked members for their feedback on the draft document, Guidelines for Creating and Updating New Materials. Tomi St. Mars provided clarification on item 8 to include any funding agency that has a requirement to provide acknowledgement language on all materials printed as a result of funds, not just federal funding. Shelly Mowry stated that materials included in the toolkit came from the federal government and other national sources. Debbie Moak stated that the Governor's Legal team is reviewing the document at this time. Ms. Mowry indicated that the document should not be accepted until the Legal team has approved it. Ms. Mars made a motion to table this discussion until the Legal team has provided its approval. The motion was seconded by Duce Minor and approved by all.

Workforce Wellness, Maricopa County Department of Public Health Presentation

- **Tracy Cruickshank**, Maricopa County Department of Health Services, provided an overview of the website recently launched for Healthy Arizona Worksites program. Ms. Cruickshank stated that the focus is on pain which should encourage employers to become involved with the program. Ms. Cruickshank walked the members through the website looking at the various sections in detail. Feedback on the website is invited.
- **Deborah Miller**, Governor's Office of Youth, Faith and Family, asked if there was anything on the flyers which would direct people to the Control Substances Prescription Monitoring Program (CSPMP). Ms. Cruickshank indicated that there are places throughout the website which directs interested persons to the CSPMP.
- **Shelly Mowry**, High Intensity Drug Trafficking Area, recommended including the Scribbles video which is included in the toolkit. The recommendation was well received by Ms. Cruickshank and the members.
- **Ms. Cruickshank** informed members that there is a webinar on May 12th which will discuss more in depth, the Healthy AZ Worksites program. Information regarding the upcoming webinar will be sent to Ms. Miller and Ms. Sjolander.
- **Jacqueline Kurth**, Industrial Commission of Arizona, will put Ms. Cruickshank in contact with the Occupational Safety and Health Administration (OSHA) so that information can be shared and more widely distributed. Ms. Kurth indicated that the Industrial Commission of Arizona is looking at medical marijuana in the work place and that this would be a good resource to share.
- **Ms. Mars** asked if there was a section on Complimentary Alternative Medicine (CAM) and primary prevention. Ms. Cruickshank indicated that CAM is being addressed but could improve on the inclusion of primary prevention messaging.
- **Debbie Moak**, GOYFF, recommended contacting the Chamber of Commerce, the Young Presidents Association and various other partners in sharing this information. Ms. Miller will provide contact information for Larry LeVeque, who represents the business community on the Arizona Substance Abuse Partnership.
- **Ms. Sjolander** indicated that inclusion of the link to the Prescription Drug Initiative could be included on the website and that the Healthy AZ Worksite's brochure could be included in the toolkit.

Diversion Presentation

- **Travis Williams**, Arizona Attorney General's Office, presented on diversion and combating diversion at the source. Mr. Williams informed the members that the Office of Healthcare Fraud and Abuse is a Medicaid Fraud Control Unit and provided detailed information related to well known cases of diversion that their office investigated.
- **Ms. Miller** asked if state funding was secured for this program what types of activities would be included.
- **Mr. Schwegel**, Arizona Attorney General's Office, indicated that they applied for funding through the Arizona Criminal Justice Commission in the amount of \$100,000 which allowed them to leverage \$300,000 from the federal government. Through this funding, 5 employees were funded to oversee the diversion program.
- **Ms. Mars** asked if their office utilizes the CSPMP as an identifier for persons who might be overprescribing. Mr. Williams indicated that the Board of Pharmacy handles these requests.
- **Dean Wright**, Board of Pharmacy, receives an average of one hundred to three hundred requests from law enforcement per month related to the CSPMP.
- **Ms. Mars** indicated that the report cards generated through the Board of Pharmacy will assist in identifying prescribers who are overprescribing compared to their counterparts.

Rx Initiative Strategic Plan Summary

- **Ms. Sjolander**, Co-Chair, invited feedback from members regarding the Strategic Plan. The members went through each strategy to identify actionable outcomes. Ms. Sjolander asked if there were any technical assistance needs identified for the coalitions and if there were any updates to the toolkit.
- **Thomas Kelly**, Apache County Police Department, provided discussion for Strategy 1 around the fact that Walgreens and CVS stores are now allowed to take back and dispose of drugs. Ms. Cruickshank indicated that this would occur from the West coast to the East coast. Ms. Mowry informed the group that California just recently announced that over one hundred permanent drop boxes have been installed.
- **Ms. Miller** will be reaching out to Walgreens to discuss how this will roll out in Arizona.
- **Ms. Sjolander** indicated that this subcommittee does not have any action items around this change in statute and that this is something to be considered in the future. Ms. Sjolander discussed the interactive website housed at ADHS for locations across the state where permanent drop boxes have been installed.
- **Ms. Miller** recommended there be a more concerted effort on behalf of the state to spread the word about the drop boxes with monthly information shared via members' network.
- **Ms. Moak** recommended GOYFF create an e-blast which will be sent to all of the members to be widely distributed among their networks.
- **Ms. Mowry** recommended that the dumpthedrugs.org website be updated as it is currently out of date. Ms. Sjolander will follow up on the maintenance of this website at ADHS as it is currently administered by GIS mappers and no outreach is being conducted to keep the list accurate.
- **Ms. Miller** recommended a protocol be developed for how and who will handle the maintenance of the website and that this is placed on a future agenda. The members agreed unanimously.
- **Ms. Sjolander** led the discussion on Strategy 2 and recommended developing a 101 training to target the medical community.
- **Ms. Mars** offered to update the Arizona Guidelines for Emergency Department Controlled Substance Prescribing as they were last updated in 2012.
- **Mr. Wright** informed the group that there are three columns included in the report card now, Column 1: Are you registered for the CSPMP; Column 2: Are you an authorized user; Column 3: Number of times the CSPMP is used.
- **Ms. Miller** led the discussion on Strategy 4 by saying that Cox Communication is providing five video series for coalitions to use on how to utilize the marketing materials included in the toolkit. Ms. Miller asked Duce Minor of the PAACE coalition to take the lead on this strategy to represent the community coalition perspective.

- **Mr. Minor** agreed to be the lead and asked if there is an Association of Cable TVs that might be included in this discussion to get at other areas of the state that might utilize other cable providers.
- **Ms. Miller** indicated that how to work with your local cable provider will be included in the training series along with targeting local radio stations and internet.
- **Ms. Sjolander** led the discussion on Strategy 5 and recommended including the administration of Naloxone as a measure of harm reduction.

Status Update on Strategy 1 and 3 of Prescription Drug Misuse and Abuse Toolkit

- **Ms. Miller** opened the discussion by identifying the leads of Strategy 2 and 4. Strategy 2 will be Tomi St. Mars from the Department of Health Services. Strategy 4 will be Duce Minor from PAACE. Ms. Miller asked Travis Williams from the Attorney General's Office and Chief Thomas Kelly from the Apache Junction Police Department to take the lead on Strategy 1 and 3 by providing the group with an outline for what would work best for engaging law enforcement within the community.
- **Mr. Kelly** discussed that he has heard among other police departments that there is too much of a cost associated with installing permanent drop boxes and that they do not have the manpower or time to manage it. Ms. Miller recommended sending a survey out to agencies to ask how they are using the permanent drop boxes, are there any burdens associated with it and what would help or any assistance that could be provided to get this process implemented across the state.
- **Ms. Sjolander** discussed whether or not it would be a possibility to automate the dump the drugs website to allow local community members to update the locations of drop boxes and also if they could input the pounds of drugs collected on a monthly basis.
- **Mr. Kelly** incinerates the drugs and does this in combination with other items to be incinerated as not to make multiple trips and save time. Mr. Mars indicated this information should be shared statewide as a solution when an agency indicates lack of time as a burden.
- **Mr. Kelly** asked if Arizona has a Top 10 or Top 100 list of providers who are overprescribing. Mr. Kelly indicated Hawaii created a "hit list" approximately ten years ago and that this could be considered here in Arizona.

Agency/Partner Updates

- **Mr. Wright** informed the members that the Board of Pharmacy applied for the Harold Rogers Grant.

Future Meeting Dates

- Next meeting is scheduled for:
 - Tuesday, May 31, 2016 - 1:00pm to 3:00pm

Future Agenda Items

- **Shelia Sjolander, Co-Chair** called for items to be placed on future agenda.
 - Collaboration with Cox Communications
 - Status on Naloxone
 - Older Adults Rx Materials
 - Protocol for Maintaining Dump the Drugs Website

Adjourn

- **Sheila Sjolander, Co-Chair, called for a motion to adjourn.**
- Ms. Mars moved to adjourn the meeting at 3:01pm. Motion was seconded by Mr. Minor. Meeting was adjourned at 3:01pm.